

PE Long Term Plan 2021/2022 Covid Adaptation

	Reception	Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
Autumn 1	Settling in games	Jumping Jacks (Gymnastics) CSoW	KS1 Generic multi-skills festival CSoW House colours with Y2	Jumping Jacks Y1 (Gymnastics) CSoW	KS1 Generic multi-skills festival CSoW House colours with Y1	Ball, Tall and Wall Y2 (Gymnastics) CSoW	Ball handling skills CSoW	Patterns and Pathways Y3 (Gymnastics) CSoW	Swimming (Monday)	Principles of balance Y4 (Gymnastics) CSoW	Invasion games-football CSoW	Pair composition Y5 (Gymnastics) CSoW	Invasion games-hockey CSoW
Autumn 2	Nativity (Dance)	Nativity (Dance)	Fundamentals unit 1 Y1 CSoW	Nativity (Dance)	Fundamental unit 1 Y2 CSoW	Points of Contact Y2 (Gymnastics) CSoW	Striking Fielding games CSoW	Hand Apparatus Y3 (Gymnastics) CSoW	Swimming (Monday)	Rotation Y4 (Gymnastics) CSoW	Invasion games Netball CSoW	Press and Go Y5 (Gymnastics) CSoW	Invasion games-TAG rugby CSoW
Spring 1	Move and Hold (Gymnastics) CSoW	Rock and Roll (Gymnastics) CSoW	Fundamentals unit 2 Y1 CSoW	Y1 Animals (Twinkl) (Gymnastics)	Fundamentals unit 2 Y2 CSoW	Machines (Dance) CSoW	KS2 generic multi skills festival CSoW House colours against Y4	Cold Places (Dance) CSoW	KS2 generic multi skills festival CSoW House colours against Y3	Dance Styles lesson Dance CSoW	OAA CSoW	Why Bully Me? (Dance) CSoW	OAA CSoW
Spring 2	Toys (Dance) CSoW	Animals (Twinkl) (Gymnastics)	Invasion Games Unit (Twinkl) (Games)	Ball, Tall and Wall Y2 (Gymnastics) CSoW	Invasion Games Unit (Twinkl) (Games)	Patterns and Pathways Y3 (Gymnastics) CSoW	KS2 Net Multi-Skills Festival CSoW House colours with Y4	Principles of balance Y4 (Gymnastics) CSoW	KS2 Net Multi-Skills Festival CSoW House colours with Y3	Pair composition Y5 Gymnastics CSoW	KS2 Net Multi-Skills Festival CSoW House colours with Y6	Body Symmetry (Gymnastics) CSoW	KS2 Net Multi-Skills Festival CSoW House colours with Y5
Summer 1	Games	Moving words (Dance) CSoW	Athletics Sports Day Prep	Points of Contact Y2 (Gymnastics) CSoW	Athletics Sports Day Prep	Solar Systems (Dance) CSoW	Athletics Sports Day Prep	Rugby and the Haka (Dance) CSoW	Athletics Sports Day Prep	Dance On the Beach CSoW	Athletics Sports Day Prep	Football Unit (Dance) CSoW	Athletics Sports Day Prep
Summer 2	Balance ability	Weather Unit (Dance) CSoW	Chance to shine Cricket	Magical Friendships (Dance) CSoW	Chance to shine Cricket	Hand Apparatus Y3 Gymnastics CSoW	Chance to shine Cricket	Rotation Y4 (Gymnastics) CSoW	Chance to shine Cricket	Press and Go Y5 Gymnastics CSoW	Chance to shine Cricket	Group Work Gymnastics CSoW	Chance to shine Cricket

Indoor

Outdoor